

January 9, 2022

Dear Parents and Families,

The following are the new guidelines from the RIDOH and RIDE, please note the following changes:

- The quarantine period has been reduced to 5 days.
- Testing on day 5 is recommended, but not a requirement for returning to school.

### **Quarantine Adjustment**

	<u>Test date (day 0)</u>	<u>Day 1</u>	<u>Return date (day 6)</u>
(Example)	1/3/22	1/4/22	1/9/22

### Updated Guidance Regarding Quarantine and Isolation for Students and Staff in Pre K-12 Schools:

#### SYMPTOMATIC

- Students and staff who either have, or develop, symptoms should isolate at home, contact a healthcare provider, and get tested.

#### POSITIVE STUDENT/STAFF

- Anyone who tests positive for COVID-19, regardless of their vaccination status, should stay home and isolate for at least 5 days. Date of the positive test is day 0, your quarantine begins the next day, day 1. After 5 days they may do the following:

#### NO SYMPTOMS OR SYMPTOMS HAVE IMPROVED

1. Return to school on day 6 (No fever for 24 hours without medication)  
**They should wear a well-fitting mask for an additional 5 days at school, at home, and with others**

#### SYMPTOMS HAVE NOT IMPROVED

2. Isolate at home until their symptoms are improving and they've been fever-free for 24 hours (without the use of fever-reducing medication).  
**They should wear a well-fitting mask for an additional 5 days at school, at home, and with others**

#### CLOSE CONTACTS IN SCHOOL

Students and staff without symptoms, who are identified as close contacts, and aren't exempt from quarantine are encouraged to follow the **Monitor to Stay** quarantine protocol, which allows students and staff to attend school in person and

participate in school-related extracurricular activities during their quarantine period. In this case, they should

- Parents/Guardians should closely monitor for symptoms for 10 days.
- If symptoms develop, please have the student tested and report results to the school nurse.
- Follow quarantine guidance when outside school, as well as updated CDC guidance about masking.

Should a child have **ONE** of the following symptoms below during the school day, they will be sent home and referred for COVID-19 testing. A negative PCR is needed to return to school.

Symptoms of COVID-19:

- Cough (new)
- Shortness of breath or difficulty breathing
- New loss of taste or smell

Unvaccinated, asymptomatic siblings will **NOT be** sent home with the ill child. If the child tests positive, then the sibling will have to follow the quarantine guidelines from the RIDOH.

Please send a screenshot of the **PCR** results to your school nurse. **Negative Antigen (Rapid BINAX) tests are not accepted.**

If your child has **TWO** or more of the following symptoms below during the school day, they will be sent home and referred for COVID-19 testing. A negative PCR is needed to return to school.

Symptoms of COVID-19:

- Fever or chills
- Muscle or body aches
- Headache
- Sore throat
- Fatigue
- Congestion or runny nose (new)
- Nausea or vomiting
- Diarrhea

**\*Please note that if your child has tested negative, and is still having symptoms, the RIDOH guidelines for returning to school are that the student is fever free for 24 hours without fever-reducing medications and symptoms are improved (back to usual health).**

### Close Contact Quarantine Guidance in School:

- **Vaccinated Students**

Will not have to test unless they develop symptoms and may remain in school.

- **Unvaccinated Students**

- According to the new recommendations your child can remain in school and follow the Monitor to stay quarantine program. (unless symptoms develop)

**If your child has tested positive for COVID 19 in the last 90 days, please inform your school nurse.**

**If your child has been fully vaccinated, you can send in a copy of the vaccination card to your school nurse.**

### **Travel Guidelines:**

#### **Domestic:**

- At this time there are **NO** restrictions for domestic traveling (in the United States), however, we **STRONGLY RECOMMEND** that **UNvaccinated** domestic travelers get tested 3 to 5 days after travel. This is important for continuity of instruction for our classes and our schools. Please continue to monitor for symptoms for 14 days and get tested and quarantined if any symptoms develop.

#### **International Travel Quarantine:**

- Anyone traveling internationally (outside of the United States) are **required** to quarantine for 10 days or get a test after day 5 of returning and if negative can end quarantine on day 8. Please continue to monitor for symptoms for 14 days and get tested and quarantined if any symptoms develop.

#### **Where to go for Testing:**

- Lincoln High School Test Center # 401-334-7551. (Please call for days and hours of appointment)
- Test Scheduling Service at [844-857-1814](tel:844-857-1814) or visit [portal.ri.gov](http://portal.ri.gov) to schedule a test. Testing is free of charge.

#### **Student Absences:**

- We recommend that you or your child check Google classroom & email their teachers if they will be out for an illness or an extended period of time to access their school work.

We appreciate your cooperation in these unprecedented times, and as always feel free to contact me at [401-334-7531](tel:401-334-7531) , email: [nplummer@lincolnps.org](mailto:nplummer@lincolnps.org)

Thank you.

*Nancy Plummer, RN*

Certified School Nurse Teacher

**Close Contact  
(School Related)**



**Asymptomatic**



**No quarantine needed. Monitor for symptoms and if develop stay home and test**



**Symptomatic  
(1 major and/or  
2 minor symptoms)**



**Quarantine for 5 days and if asymptomatic can return ( day 6) to school with mask wearing  
Testing is required (PCR)**

If deemed a close contact at school and student reports symptoms students will be sent home to complete **a 5 day isolation period FROM ONSET of Symptoms (1 major and/or 2 minor symptoms)**

Close Contact  
(Outside of school)



Living with Close contact **UNABLE** to isolate

Not living with positive case/Living with positive case but **ABLE** to isolate



Vaccinated

Unvaccinated/Partially Vaccinated

Vaccinated

Unvaccinated /Partially Vaccinated



No quarantine needed. Monitor for symptoms and if develop stay home and test

Complete a 5 day isolation **after** positive case completes isolation period (total 10 day quarantine with return on the 11<sup>th</sup> day)

No quarantine needed. Monitor for symptoms and if develop stay home and test

Quarantine for 5 days and if asymptomatic can return to school with mask wearing

Vaccinated: Received 2 doses of either ( and 2 weeks post 2<sup>nd</sup> shot) of Pfizer/Moderna

or

1 Johnson and Johnson dose

Student Tests Positive for COVID  
(Vaccinated OR Unvaccinated)



Complete 5 days of isolation  
(Return on 6<sup>th</sup> day)



Asymptomatic or symptoms  
have improved after 5 days

Symptoms still present or  
not improved



Return to school  
with masking

Continue Isolation until  
24 hour fever/symptom  
free and masking still  
required